



**SATURDAY  
9 OCT 2021  
10AM - 4PM**

**BENDIGO BANK  
COMMUNITY STADIUM  
TULLY ST  
ST HELENS**

Come and join us at the Festival to have fun:

- **The main stage program** includes music, demonstrations and panel conversations.
- **Inside** wellbeing interactive spaces to connect, chat and participate in activities.
- **Outside** picnic areas, food, organised play, yoga and Qigong on the grass.
- **Library of resources**, a wide range of service providers information
- **Much, much, more** come and play for the day!

---

**FREE BUS LEAVES FINGAL IGA 9:00AM  
ST MARYS HOTEL 9:20AM  
RETURNS BUS LEAVES 4PM**

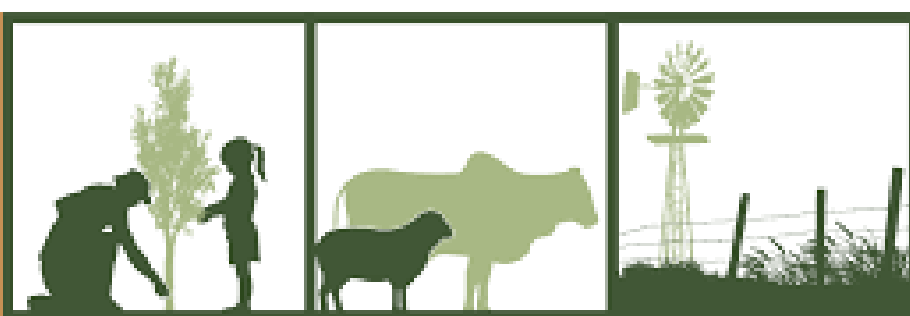
---



Find us on Facebook **WellbeingConversations**

**WE COULDN'T DO THIS WITHOUT THE SUPPORT OF:**

**National Recovery and  
Resilience Agency**



**Mental  
Health  
Council  
OF TASMANIA**

SUPPORTED BY



**Mental  
Health  
Week  
2021  
TASMANIA**  
9-16 October