

# GIVE IT A GO

BREAK O'DAY



# WALKING FOOTBALL

## COME & TRY INVITATION

Men and Women all ages 20-80+

Saturday 18 March 2023 • 2pm-3.30pm  
St Marys District School (gym)

- it's the walking version of soccer •  
(no jogging or running allowed)
- play or learn the game in a social environment •
- a fun way to help keep fit •

EVENT SUPPORTERS • Sponsorship • Community • Municipal •



**FREE**



• 'GIVE IT A GO' • PLAYING SESSIONS •  
playing videos and much more information at

**wftas.org**



facebook.com/wftas